



IKF and AKF approved the following Rules Amended from IKF and AKF Rules Book along with present AKF Rules. These below rules will be applied and implemented in 20th ASIAN GAMES-AICHI-NAGOYA 2026, JAPAN from 21st to 26th, September, 2026.

Requesting all Heads of respective Kabaddi Federations affiliated to IKF and AKF participating in 20th ASIAN GAMES to inform the below rules to Coaches and Players about the implementation of below rules.

1. Lobbies Rule in Rules of Play (XXII)

- ❖ During the course of a raid, if a Raider enters the lobby before any touch or struggle, the raider will be declared out, if he does not have contact with any defense player and the raid is over.
- ❖ If one or more defenders follows the raider into the lobby for a tackle, the defenders who entered the lobby after the raider will be declared not out. Provided a part of the defenders body is in contact with the Lobby. Even in this situation, if the defenders body contact with court/lobby and falls outside the side line or end line, the defender/s will also be treated out of bounds and treated out.

2. Timeout in Rules of Matches

- ❖ Each Team shall be allowed to take 'Two Time Outs' of 30 Seconds in each half; such time out will be called for by the Captain, Coach or any playing member of the team with the permission of the Referee. The time out time will be added to match time/ stop watch should be stopped and started after 30 seconds.
- ❖ During the time out the players on ground will not leave their halves of the play field, any violation will attract a technical point awarded to the opponent team.
- ❖ Official Time out can be called by the Referee/Umpire in the event of any injury to a player, interruption by outsiders, re-lining of the ground or any such unforeseen circumstances. Such time out time will be added to the match time/ stop watch should be stopped and started after official time out.

3. Substitution in Rules of Matches

- ❖ A team can take maximum five times to substitute the reserve Players with the permission of the referee at any time in a match. In one substitution any number of eligible players can be substituted.
- ❖ Exception: If a team has exhausted their maximum number of substitutions and a player or players of the team is/are injured than it will be the discretion of the referee to allow substitute player(s) in place of the injured player(s). Such injured players will not be allowed to play in the same match.
- ❖ Substituted Players can be re-substituted.
- ❖ If any player is suspended or disqualified from the match, no substitution is allowed for that particular player in that match. The team will play with less number of players.
- ❖ Substitution is not allowed for out players.
- ❖ The player to be substituted should stand in the designated area (substitution box) with the permission of the Assistant Scorer in advance.
- ❖ The Referee/ Umpire will permit the substitution at an appropriate time at his sole discretion.
- ❖ Substitution is also allowed during the time out, halftime and during match and not allowed during official time out.
- ❖ Whenever substitution called and allowed during the substitution the time to be stopped and as soon as the substitution is completed the time to be continued.

These rules will be immediate effect in 20th Asian Games



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